

The Seniors Centre  
at Minoru Centre for Active Living  
**ONLINE - HEALTHY AGING - FALLS  
PREVENTION PRESENTATION - 55+**



Tuesday May 25, 2021  
10:30 am – 12:00 pm  
FREE/ 1 session  
#71719

Explore the common causes and risks of predictable and preventable falls that are the leading cause of injury and hospitalization. This session is presented over ZOOM by health professionals from Vancouver Coastal Health.

3 ways to register  
Phone: 604-276-4300 (M-F 8:30 am – 5:00 pm)  
Online: [www.richmond.ca/register](http://www.richmond.ca/register)  
E-mail: [seniors@richmond.ca](mailto:seniors@richmond.ca)