

Advance Care Planning

(presented in Cantonese and Mandarin)

預先安排護理計畫 (粵語、國語講座)

ADULTS



TUESDAY, OCTOBER 8 | 10:00am - 11:30am

Brighthouse Branch, Community Place

Registration required

This workshop explains what Advance Care Planning is and walks you through the process of planning for a time when you cannot make your own medical decisions and communicating with family members, substitute decision makers, and health care providers.

由溫哥華沿岸衛生局，社區諮詢網絡會員帶領討論。解釋甚麼是預先安排護理計畫並帶領你走過以下的過程：

- 計畫當你無法表達、為自己說話時或無法替自己做醫療上的決定時
- 說明個人的價值觀和生活品質的目標
- 與家人、替代決策者、和醫療人員的溝通

For more details, visit yourlibrary.ca/events, call 604.231.6413 or talk to a staff member.

