

「容易理解，非常有啟發，發現自身多不足，很有幫助。」  
一位去年講座的參加者

**Chimo Crisis Services**  
**Richmond Addiction Services**  
**Richmond Health Services**  
**Family Services of Greater Vancouver**  
**Vancouver Coastal Health**

「很有幫助。從理論到實踐，實際問題表現。」

聯合主辦

**免費華語講座**  
**怎樣協助孩子踏上成功之途—焦慮百度**

Workshops for Cantonese and Mandarin Speaking Parents  
“The Multi-facets of Anxiety”

**Date:** September 30, 2017 (Saturday)    **Time:** 9:15 am to 12:15 pm  
**Place:** Room 345, 8100 Granville Avenue, Richmond

<b>Time 時間</b>	<b>Mandarin 普通話</b>	<b>Cantonese 廣東話</b>
<b>9:15am to 9:30am</b>	<b>Registration 登記</b>	
<b>9:30am to 10:45pm</b>	Biopsychosocial Bases of Anxiety 焦慮面面觀 <b>Johnson Ma Ph.D. in Clinical Psychology, RCC 馬國林</b> Core Faculty of PsyD Program in Clinical Psychology, Adler University	Making Sense of Anxiety from a Neuroscience Perspective 從腦科學的角度看焦慮 <b>Phoebe Tsang M.C. 曾佩詩</b> Child & Family Therapist Vancouver Coastal Health 溫哥華沿岸衛生局
<b>11:00am to 12:15pm</b>	Impact of Parents' Anxiety on Children 父母的焦慮對孩子的影響 <b>Mary Kam MSc, RCC 金佩玲</b> Program Director, Family & Youth Services SUCCESS 中僑互助會	Living with Anxiety – Practical Steps toward Overcoming 從與焦慮並存到怎樣戰勝它 <b>Joshua Chin MSW 錢天融</b> Child & Youth Mental Health Clinician Vancouver Coastal Health 溫哥華沿岸衛生局

**Fee: Free of Charge 費用全免**

**NO Child-minding Service 不設托兒服務**

**Registration & enquiry 報名及查詢：**

**Family Services of Greater Vancouver 大溫哥華家庭服務會**

**604-279-7100**

或到以下 Eventbrite 登記

<https://goo.gl/RMCedp>