

THIS IS YOUR BRAIN ON EMOTIONS!

With Guest Speaker

Fiona Jeyachandran, M.A., C.C.C.

Curious about dealing with *anxiety*,
depression or *emotional turmoil*?

Join us on **Thursday, October 4th** for our **FREE**



Ralph Fisher Auditorium, Richmond Hospital

(7000 Westminster Hwy)

*Free parking on the gravel lot
accessed via Westminster Hwy.*

Doors Open → 6:30 pm

Presentation → 7:00 – 8:30 pm

Details & RSVP:

<https://bit.ly/2N9RITw>

Child-minding is available but spots are limited.

Please email info@supportingfamilies.ca by Sept.20/18



**SUPPORTING
FAMILIES**