



Building RESILIENCY

Through CREATIVITY

Thursday, May 10th, 2018

6:30 to 8:00 p.m.

Richmond Public Library, Brighthouse Branch

Kids Place Program Room on 1st Floor

**This event is for adults & seniors*

Join Registered Art Therapist, **Teresa Massel**, for a **presentation** on the **benefits of art therapy** followed by a **fun, experiential exercise** or two that does not require you to have any artistic skills at all!

* Art supplies provided.

For more information and to register call Pascale or Barb at Pathways Clubhouse 604-276-8834

Please note space is limited.

