



**Richmond Centre for Disability**

"Promoting a new perspective on disability"

# Life Skill Training

## Simple Cooking Class



**Register Now!**

**Date:** May 5 to June 23, 2017

**Time:** 10:45am - 12:15 pm, every Friday

**To Register:** Call **Dina McInnes** at **604-232-2404** or  
email [dina@rcdrichmond.org](mailto:dina@rcdrichmond.org)

**Cost:** \$20



To increase knowledge and ability in skills necessary for everyday living