

Richmond Centre for Disability



Singing Club **Ongoing**

The RCD Singing Club is a fun group for members who enjoy music. We have a variety of songs to choose from. It is also a great opportunity to meet new friends and relieve stress.

Feel free to drop in and join this activity.

RCD Singing Club

- ✓ Promotes a healthy and active lifestyle
- ✓ Allows individuals of all levels of ability to participate
- ✓ Enables participants to realize their own potential
- ✓ Promotes social interaction



Time: Thursday 10am-12pm

More info: Call **Tom / Viet** at

604-232-2404 or email

tom@rcdrichmond.org

viet@rcdrichmond.org

Location: RCD Activity Room

Richmond Centre for Disability

100-5671 No.3 Road

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