



# RCD (Recreation & Education) Activity Calendar for the Month of June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>○ English Class (2017 Term 1)  <b>Mon &amp; Wed, 2 Classes per week</b>                      1-2 pm Fun with Words                      1-2 pm Reading &amp; Writing                      2:15-3:15 pm Conversation</p> <p>Ⓜ Job Skills Club  <b>Mon &amp; Thurs 10-11:30 a.m.</b></p>		<p>● <b>Third Wednesday of the month:</b>  <b>12:30 pm – 2:30 pm</b>                      Dave on Soap Box Program at Co-Op Radio 100.5FM</p> <div style="border: 2px solid red; padding: 5px; text-align: center; margin: 10px auto; width: fit-content;"> <p><b>Jun. 29</b>  <b>emPOWER Workshop</b>  <b>See RCD website for Topic</b></p> </div>		<p>1 Ⓜ</p> <p>10:00 am – 12:00 pm Singing Club  <b>12:00 pm – 1:45 pm</b> Table Tennis  <b>1:00 pm – 2:30 pm</b> PC Maintenance &amp; Security  <b>2:00 pm – 3:30 pm</b> Culture &amp; Interest Club  <b>3:00 pm – 4:00 pm</b> Computer 101 &amp; Typing Tutor  <b>4:00 pm – 5:30 pm</b> Public Speaking Class</p>	<p>2</p> <p><b>9:30 am – 10:30 am</b> Mom's Dancing Club  <b>10:45 am – 12:15 pm</b> Life Skills: Simple Cooking  <b>1:00 pm – 2:00 pm</b> FUN Skills Exercise  <b>2:15 pm – 3:45 pm</b> Friday Frenzy</p>	<p>3</p> <p style="text-align: center;"><b>Richmond Centre for Disability</b></p> <p style="text-align: center;">100-5671 No.3 Road                      Richmond, BC V6X 2C7                      Tel: 604-232-2404                      www.rcdrichmond.org</p>
4	5 ○ Ⓜ	6	7 ○	8 Ⓜ	9	10
	<p>10:00 am – 11:30 am Creative Arts Club  <b>1:00 pm – 2:30 pm</b> Computer &amp; Windows10 Basics  <b>3:30 pm – 4:30 pm</b> Relaxation Retreat</p>	<p><b>12:30 pm – 2:30 pm</b> Waking-Wheeling Club                      (weather permits)  <b>1:00 pm – 2:30 pm</b> Word Level 2  <b>2:30 pm – 5:30 pm</b> Games &amp; Social Club  <b>3:00 pm – 4:30 pm</b> Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class  <b>10:00 am – 11:15 am</b> Mom's Language Club  <b>11:15 am – 12:45 pm</b> Yarn Crafts/Knitting Club  <b>1:00 pm – 2:30 pm</b> PowerPoint Level 2</p>	<p>10:00 am – 12:00 pm Singing Club  <b>12:00 pm – 1:45 pm</b> Table Tennis  <b>1:00 pm – 2:30 pm</b> PC Maintenance &amp; Security  <b>2:00 pm – 3:30 pm</b> Culture &amp; Interest Club  <b>3:00 pm – 4:00 pm</b> Computer 101 &amp; Typing Tutor</p>	<p><b>9:30 am – 10:30 am</b> Mom's Dancing Club  <b>10:45 am – 12:15 pm</b> Life Skills: Simple Cooking  <b>1:00 pm – 2:00 pm</b> FUN Skills Exercise  <b>2:15 pm – 3:45 pm</b> Friday Frenzy</p>	
11	12 ○ Ⓜ	13	14 ○	15	16	17
	<p>10:00 am – 11:30 am Creative Arts Club  <b>1:00 pm – 2:30 pm</b> Computer &amp; Windows10 Basics  <b>3:30 pm – 4:30 pm</b> Relaxation Retreat</p>	<p><b>12:30 pm – 2:30 pm</b> Waking-Wheeling Club                      (weather permits)  <b>1:00 pm – 2:30 pm</b> Word Level 2  <b>2:30 pm – 5:30 pm</b> Games &amp; Social Club  <b>3:00 pm – 4:30 pm</b> Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class  <b>10:00 am – 11:15 am</b> Mom's Language Club  <b>11:15 am – 12:45 pm</b> Yarn Crafts/Knitting Club  <b>1:00 pm – 2:30 pm</b> PowerPoint Level 2</p>	<p>10:00 am – 12:00 pm Singing Club  <b>12:00 pm – 1:45 pm</b> Table Tennis  <b>2:00 pm – 3:30 pm</b> Culture &amp; Interest Club  <b>3:00 pm – 4:00 pm</b> Computer 101 &amp; Typing Tutor  <b>4:00 pm – 5:30 pm</b> Public Speaking Class</p>	<p><b>9:30 am – 10:30 am</b> Mom's Dancing Club  <b>10:45 am – 12:15 pm</b> Life Skills: Simple Cooking  <b>1:00 pm – 2:00 pm</b> FUN Skills Exercise  <b>2:15 pm – 3:45 pm</b> Friday Frenzy</p>	<p><b>9:30 am – 11:00 am</b> Chinese Support Group Committee Meeting  <b>11:00 am – 1:00 pm</b> CSG Members Meeting – Mahjong Contest  <b>5:00 pm – 8:00 pm</b> Filipino Parents' Support Group Meeting</p>
18	19 ○	20	21 ○ ●	22	23	24
	<p>10:00 am – 11:30 am Creative Arts Club  <b>1:00 pm – 2:30 pm</b> Computer &amp; Windows10 Basics  <b>3:30 pm – 4:30 pm</b> Relaxation Retreat</p>	<p><b>12:30 pm – 2:30 pm</b> Waking-Wheeling Club                      (weather permits)  <b>1:00 pm – 2:30 pm</b> Word Level 2  <b>2:30 pm – 5:30 pm</b> Games &amp; Social Club  <b>3:00 pm – 4:30 pm</b> Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class  <b>10:00 am – 11:15 am</b> Mom's Language Club  <b>11:15 am – 12:45 pm</b> Yarn Crafts/Knitting Club  <b>1:00 pm – 2:30 pm</b> PowerPoint Level 2</p>	<p>10:00 am – 12:00 pm Singing Club  <b>12:00 pm – 1:45 pm</b> Table Tennis  <b>2:00 pm – 3:30 pm</b> Culture &amp; Interest Club  <b>3:00 pm – 4:00 pm</b> Computer 101 &amp; Typing Tutor</p>	<p><b>9:30 am – 10:30 am</b> Mom's Dancing Club  <b>10:45 am – 12:15 pm</b> Life Skills: Simple Cooking  <b>1:00 pm – 2:00 pm</b> FUN Skills Exercise  <b>2:15 pm – 3:45 pm</b> Friday Frenzy</p>	
25	26	27	28	29	30	
	<p><b>1:00 pm</b> Draw for Canada Day Gift Basket</p> <div style="text-align: center;">  </div> <p><b>1:00 pm – 2:30 pm</b> Computer &amp; Windows10 Basics  <b>3:30 pm – 4:30 pm</b> Relaxation Retreat</p>	<p><b>12:30 pm – 2:30 pm</b> Waking-Wheeling Club                      (weather permits)  <b>1:00 pm – 2:30 pm</b> Word Level 2  <b>2:30 pm – 5:30 pm</b> Games &amp; Social Club  <b>3:00 pm – 4:30 pm</b> Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class  <b>10:00 am – 11:15 am</b> Mom's Language Club  <b>11:15 am – 12:45 pm</b> Yarn Crafts/Knitting Club  <b>1:00 pm – 2:30 pm</b> PowerPoint Level 2</p>	<p>10:00 am – 12:00 pm Singing Club  <b>12:00 pm – 1:45 pm</b> Table Tennis  <b>2:00 pm – 3:30 pm</b> Culture &amp; Interest Club  <b>3:00 pm – 4:00 pm</b> Computer 101 &amp; Typing Tutor  <b>4:00 pm – 5:30 pm</b> emPOWER Workshop Series  <b>4:00 pm – 5:30 pm</b> Public Speaking Class</p>	<p><b>9:30 am – 10:30 am</b> Mom's Dancing Club  <b>1:00 pm – 2:00 pm</b> FUN Skills Exercise  <b>2:15 pm – 3:45 pm</b> Friday Frenzy</p>	

(Schedule may be subjected to changes)

# RCD (Recreation & Education) Activity Calendar for the Month of July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Join RCD on July 1<sup>st</sup> To Celebrate Canada's 150<sup>th</sup> Birthday</b></p>						<p>1</p> <p><b>PARADE &amp; SALMON FESTIVAL AT STEVESTON</b></p>
2	3	4	5	6	7	1/8
	 <p><b>HAPPY CANADA DAY!</b></p> <p><b>CENTRE CLOSED</b></p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>1:00 pm – 2:30 pm Word Level 2</p> <p>2:30 pm – 5:30 pm Games &amp; Social Club</p> <p>3:00 pm – 4:30 pm Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p> <p>2:15 pm – 3:45 pm Friday Frenzy</p>	
9	10	11	12	13	14	15
	<b>RCD Summer Camp (Outside Venue)</b>					
	<p>1:00 pm – 2:30 pm Computer &amp; Windows 10 Basics</p> <p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>1:00 pm – 2:30 pm Word Level 2</p> <p>2:30 pm – 5:30 pm Games &amp; Social Club</p> <p>3:00 pm – 4:30 pm Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>10:00 am – 4:00 pm Garage Sale Prep &amp; Donations Dropped Off</p>	
16	17	18	19	20	21	22
	<b>RCD Summer Camp (Outside Venue)</b>					<p>5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p> <p>12:30 pm – 2:30 pm Dave on Soap Box Program at Co-Op Radio 100.5FM</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p>	
23 / 30	24 / 31	25	26	27	28	29
	<b>RCD Summer Camp (Outside Venue)</b>					<p><b>Richmond Centre for Disability</b></p> <p>100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p>
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p>	

(Schedule may be subjected to changes)

# RCD (Recreation & Education) Activity Calendar for the Month of August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
	<b>RCD Summer Camp (Outside Venue)</b>					
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	
6	7	8	9	10	11	12
	<b>RCD Summer Camp (Outside Venue)</b>					
	 <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CENTRE CLOSED</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	
13	14	15	16	17	18	19
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class 12:30 pm – 2:30 pm Dave on Soap Box Program at Co-Op Radio 100.5FM</p>	 <p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	<p>9:30 am – 12:00 pm Chinese Support Group Committee Planning Session 5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
20	21	22	23	24	25	26
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture &amp; Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p> <p style="text-align: center; color: red; font-weight: bold;">RCD Mysterious <b>FUNDRAISER</b></p>	
27	28	29	30	31	<p style="color: red; font-weight: bold;">Friday Frenzy will start in September with a new format, stay tuned for more information!</p> <p style="color: blue;">Fall term activities will start registration in August or early September, ask for more details!</p>	
	<p style="text-align: center; font-weight: bold;">Staff Retreat</p>  <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CENTRE CLOSED</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games &amp; Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture &amp; Interest Club</p>		