


RCD (Recreation & Education) Activity Calendar for the Month of July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Join RCD on July 1st To Celebrate Canada's 150th Birthday</p>						<p>1</p> <p>PARADE & SALMON FESTIVAL AT STEVESTON</p>
2	3	4	5	6	7	1/8
	 <p>HAPPY CANADA DAY!</p> <p>CENTRE CLOSED</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>1:00 pm – 2:30 pm Word Level 2</p> <p>2:30 pm – 5:30 pm Games & Social Club</p> <p>3:00 pm – 4:30 pm Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p> <p>2:15 pm – 3:45 pm Friday Frenzy</p>	
9	10	11	12	13	14	15
	RCD Summer Camp (Outside Venue)					
	<p>1:00 pm – 2:30 pm Computer & Windows 10 Basics</p> <p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>1:00 pm – 2:30 pm Word Level 2</p> <p>2:30 pm – 5:30 pm Games & Social Club</p> <p>3:00 pm – 4:30 pm Excel Level 2</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>10:00 am – 4:00 pm Garage Sale Prep & Donations Dropped Off</p>	
16	17	18	19	20	21	22
	RCD Summer Camp (Outside Venue)					
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p> <p>12:30 pm – 2:30 pm Dave on Soap Box Program at Co-Op Radio 100.5FM</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p>	<p>5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
23 / 30	24 / 31	25	26	27	28	29
	RCD Summer Camp (Outside Venue)					
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club (weather permits)</p> <p>2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club</p> <p>12:00 pm – 1:45 pm Table Tennis</p> <p>2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club</p> <p>1:00 pm – 2:00 pm FUN Skills Exercise</p>	<p>Richmond Centre for Disability</p> <p>100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p>

(Schedule may be subjected to changes)

RCD (Recreation & Education) Activity Calendar for the Month of August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
	RCD Summer Camp (Outside Venue)					
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	
6	7	8	9	10	11	12
	RCD Summer Camp (Outside Venue)					
	 <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CENTRE CLOSED</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	
13	14	15	16	17	18	19
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class 12:30 pm – 2:30 pm Dave on Soap Box Program at Co-Op Radio 100.5FM</p>	 <p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p>	<p>9:30 am – 12:00 pm Chinese Support Group Committee Planning Session 5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
20	21	22	23	24	25	26
	<p>3:30 pm – 4:30 pm Relaxation Retreat</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture & Interest Club</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills: Outdoor Trip 1:00 pm – 2:00 pm FUN Skills Exercise</p> <p style="text-align: center; color: red; font-weight: bold;">RCD Mysterious FUNDRAISER</p>	
27	28	29	30	31	<p style="color: red; font-weight: bold;">Friday Frenzy will start in September with a new format, stay tuned for more information!</p> <p style="color: blue;">Fall term activities will start registration in August or early September, ask for more details!</p>	
	<p style="text-align: center; font-weight: bold;">Staff Retreat</p>  <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CENTRE CLOSED</p>	<p>12:30 pm – 2:30 pm Waking-Wheeling Club <small>(weather permits)</small> 2:30 pm – 5:30 pm Games & Social Club</p>	<p>10:00 am – 11:00 am Martial Arts Class</p>	<p>10:00 am – 12:00 pm Singing Club 12:00 pm – 1:45 pm Table Tennis 2:00 pm – 3:30 pm Culture & Interest Club</p>		

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