





RCD (Recreation & Education) Activity Calendar for the Month of October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>English Class (2018 Term 3) Mon & Wed, 2 Classes per week 1-2 pm Fun with Words 1-2 pm Reading & Writing 2:15-3:15 pm Conversation</p> </div> <div style="width: 30%;"> <p>Table Tennis 1-on-1 Class Registration required; based on availability (Call Tom at 604-232-2404)</p> <p>Job Skills Club Mon & Thur 10-11:30 a.m.</p> </div> <div style="width: 30%; border: 2px solid red; padding: 5px; text-align: center;"> <p>Oct. 25 emPOWER Workshops See RCD website for Topic</p> </div> <div style="width: 30%; border: 1px solid blue; padding: 5px;"> <p>Richmond Centre for Disability 100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p> </div> </div>						
	1 ○ ⓘ	2 ○	3 ○	4 ⓘ	5 ⓘ	6 ⓘ
	<p>10:00 am – 11:30 am Creative Arts Club 1:00 pm – 2:30 pm Computer & Windows 10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1</p>	<p>10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p>10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 3:00 pm – 4:00 pm Computer 101 4:00 pm – 5:30 pm Public Speaking Class</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	
7	8	9	10 ○	11 ⓘ	12 ⓘ	13 ⓘ
<p>1:00 pm – 5:00 pm Metis Women Beading Group</p>		<p>1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1 6:30 pm – 7:30 pm Laughter Yoga (by Richmond Laughter Club)</p>	<p>10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p>10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 2:30 pm – 3:45 pm Culture & Interest Club 3:00 pm – 4:30 pm Computer 101</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	
14	15 ○ ⓘ	16	17 ○	18 ⓘ	19 ⓘ	20 ⓘ
	<p>10:00 am – 11:30 am Creative Arts Club 1:00 pm – 2:30 pm Computer & Windows 10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1</p>	<p>10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p>10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 3:00 pm – 4:00 pm Computer 101 4:00 pm – 5:30 pm Public Speaking Class</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	<p>9:30 am – 11:00 am Chinese Support Group Committee Meeting 11:00 am – 1:00 pm CSG Members Meeting 5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
21 /28	22 /29 ○ ⓘ	23 / 30	24 / 31 ○	25 ⓘ	26	27 ⓘ
	<p>10:00 am – 11:30 am Creative Arts Club 1:00 pm – 2:30 pm Computer & Windows 10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1 6:30 pm – 7:30 pm Laughter Yoga (by Richmond Laughter Club)</p>	<p>10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2 2:00 pm – 4:00 pm (Oct. 24) Richmond Brain Injury Support Group Meeting</p>	<p>10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 2:30 pm – 3:45 pm Culture & Interest Club 3:00 pm – 4:00 pm Computer 101 3:30 pm – 5:00 pm emPOWER Workshop</p>	<p>9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Crafts Happy Hours 3:45 pm – 6:00 pm Mental Health in the Workplace Workshop 3</p>	<p>RCD Fundraising Gala (Pacific Gateway Airport Hotel) Halloween Monster Mash</p>



(Schedule may be subjected to changes)

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<p>○ English Class (2018 Term 3) Mon & Wed, 2 Classes per week 1-2 pm Fun with Words 1-2 pm Reading & Writing 2:15-3:15 pm Conversation</p> <p>Ⓜ Job Skills Club Mon & Thur 10-11:30 a.m.</p>		<p>Ⓜ Table Tennis 1-on-1 Class Registration required Based on availability (Call Tom at 604-232-2404)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> <p style="text-align: center;">Richmond Centre for Disability 100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p> </div>		<p>1 Ⓜ 10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 3:00 pm – 4:00 pm Computer 101 4:00 pm – 5:30 pm Public Speaking Class</p>	<p>2 Ⓜ 9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	<p>3 Ⓜ</p>
<p>4 1:00 pm – 5:00 pm Metis Women Beading Group</p>	<p>5 ○ Ⓜ 10:00 am – 11:30 am Creative Arts Club 1:00 pm – 2:30 pm Computer & Windows10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>6 1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1</p>	<p>7 ○ 10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p>8 Ⓜ 10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 2:30 pm – 3:45 pm Culture & Interest Club 3:00 pm – 4:00 pm Computer 101</p>	<p>9 Ⓜ 9:30 am – 10:30 am Mom's Dancing Club 10:45 am – 12:15 pm Life Skills Class 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	<p>10 Ⓜ</p>
<p>11</p>	<p>12 </p>	<p>13 1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1 6:30 pm – 7:30 pm Laughter Yoga (by Richmond Laughter Club)</p>	<p>14 ○ 10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p style="text-align: center;">RCD WHEELCHAIR CURLING BONSPIEL (RICHMOND CURLING CLUB) - FREE ADMISSION</p>		<p>17 Ⓜ 5:00 pm – 8:00 pm Filipino Parents' Support Group Meeting</p>
<p>18</p>	<p>19 ○ Ⓜ 1:00 pm – 2:30 pm Computer & Windows10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>20 1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1</p>	<p>21 ○ 10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2</p>	<p>22 Ⓜ 10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 2:30 pm – 3:45 pm Culture & Interest Club 3:00 pm – 4:00 pm Computer 101</p>	<p>23 Ⓜ 9:30 am – 10:30 am Mom's Dancing Club 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Karaoke Happy Hours</p>	<p>24 Ⓜ 9:30 am – 11:00 am Chinese Support Group Committee Meeting 11:00 am – 1:00 pm CSG Members Meeting</p>
<p>25</p>	<p>26 ○ Ⓜ 1:00 pm – 2:30 pm Computer & Windows10 Basics 3:30 pm – 4:30 pm Relaxation & Meditation</p>	<p>27 1:00 pm – 2:30 pm Word Level 2 2:30 pm – 5:00 pm Games & Social Club 3:00 pm – 4:30 pm PowerPoint Level 1 6:30 pm – 7:30 pm Laughter Yoga (by Richmond Laughter Club)</p>	<p>28 10:00 am – 11:00 am Martial Arts Class 10:00 am – 11:15 pm Mom's Language Club 11:15 am – 12:45 pm Yarn Craft/Knitting Club 1:00 pm – 2:30 pm Excel Level 2 2:00 pm – 4:00 pm Richmond Brain Injury Support Group Meeting</p>	<p>29 10:00 am – 12:00 pm Singing Club 12:15 pm – 2 pm Table Tennis Drop-in 1:00 pm – 2:30 pm PC Maintenance & Security 3:00 pm – 4:00 pm Computer 101</p>	<p>30 Ⓜ 9:30 am – 10:30 am Mom's Dancing Club 1:00 pm – 2:00 pm FUN Skills Exercise 2:15 pm – 3:45 pm Crafts Happy Hours</p>	<p style="text-align: center;"></p>

(Schedule may be subjected to changes)

RCD (Recreation & Education) Activity Calendar for the Month of December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div data-bbox="231 121 609 316" style="border: 1px solid black; padding: 5px;"> <p>Richmond Centre for Disability 100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p> </div>					1
2	3	4	5	6	7	8
	 <p>BIG PARTY CELEBRATION</p> <p>LAST DAY OF RCD AT CURRENT SITE</p>	<p>RCD Closed for Moving</p> <p>Tentative Opening at Lansdowne Location: <u>January 2, 2019</u></p> <p>New Address: Unit 842, Lansdowne Centre 5300 No. 3 Road, Richmond, BC</p> <p>Location: Enter through Lansdowne Centre Main Entrance, facing No. 3 Road; go straight to the Rotunda and turn left to find the Lansdowne Centre Customer Service Counter. RCD is right across from the counter.</p>				
9	10	11	12	13	14	15
	<p>RCD Closed for Moving</p>					
16	17	18	19	20	21	22
	<p>RCD Closed for Moving</p>					
23 / 30	24	25	26	27	28	29
	<p>RCD Closed for Moving</p>					