

# **Richmond Centre for Disability**

#842 - 5300, No.3 Rd Lansdowne Centre Richmond, BC V6X 2X9

Office Hours: Mon - Fri, 10 am - 4:30 pm Parking Permit Hours: Mon - Fri, 10 am - 4 pm

#### Core Funding Provided by:





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**Tel**: 604 232 2404 **Fax**: 604 232 2415 **TTY**: 604 232 2479

Email: rcd@rcdrichmond.org Website: www.rcdrichmond.org he RCD is committed to enabling all people with disabilities in making informed choices, creating opportunities, meeting their goals and reaching their full potential. We offer an empowering, friendly environment where we work to provide quality services that lead to inclusion for people with disabilities.

## Our Mission

The RCD is committed to empowering people of all abilities to participate with dignity and confidence in their community and achieve independence to their fullest capabilities through a friendly environment, which provides information, resources, training and support, while increasing public awareness and promoting universal accessibility.

## Independent Living (IL) Core Program

Information and Networking, Skills Development and Empowerment, Peer Support & Recreations.

### Information & Networking

Provide specialized information on resources and options, also promote Independent Living to persons with disabilities, their families, support network and the community.

### Skills Development & Empowerment

Offer opportunities for learning skills, personal growth, individual empowerment, dealing with barriers and taking control.

### Peer Support & Recreation

Share knowledge from life experiences, developing leadership skills, reducing individual isolation and supporting rights and responsibilities.

#### The RCD is an accredited member of:



Independent Living (IL) is a way of living to overcome barriers in life using skills, determination, creativity and passion.

## Services & Activities

More detailed information and schedules are available on our website www.rcdrichmond.org



#### Embracing creative thinking outside the box

Now moving towards its 40 years, the Richmond Centre for Disability (RCD) is a resilient organization

within an often challenging funding environment. We are participant-focused and committed to empowering our diverse, cross-disability member- ship. We do this by remaining approachable and responsive to member and stakeholder needs.

Our flexible and resourceful Centre staff work collaboratively with our participants. Thanks to this teamwork, and through our many activities and services, we regularly witness our members' perse- verance in self-determination and growth toward independence.