

BE A
**SOURCE OF
SUPPORT**



BE A
**LISTENING
EAR**



BE A
**CATALYST
FOR POSITIVE
CHANGE**



BE A
SENIOR PEER COUNSELLOR

Training Begins **February 1, 2023**

TO LEARN MORE ABOUT THIS UNIQUE AND REWARDING
VOLUNTEER OPPORTUNITY FOR OLDER ADULTS,
CALL **604-279-7020** OR E-MAIL **CDICKSON@RCRG.ORG**

